

# [PDF] Jewish Slow Cooker Recipes

## Laura Frankel - pdf download free book

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### Books Details:

Title: Jewish Slow Cooker Recipes

Author: Laura Frankel

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### **Description:**

#### **Product Description**

An inspiring collection of kosher recipes--from the simple to the sublime--all created with the slow cooker.

In Jewish Slow Cooker Recipes, the encore to her classic book, Jewish Cooking for All Seasons, Laura Frankel, a respected kosher chef and mother of three teenagers, shares more than 120 easy, delicious recipes for everyday and holiday meals-- all conveniently prepared in the slow cooker--a staple of Sabbath cooking which Frankel affectionately calls her "Shabbat miracle machine."

In this delicious collection, you'll find

- A wonderful range of dishes, from the traditional Sabbath Cholent (a hearty beef and potato stew) and Dafina (the savory Moroccan answer to cholent), as well as Falling-Off-the-Bone Short Ribs, Vegetarian Chili, Spicy Chicken Meatballs, Olive Oil Poached Halibut, Garlicky Pot Roast, Cassoulet, Maple-Pecan Bread Pudding, and Key Lime Cheesecake
- Frankel's signature blending of flavor, convenience, and world-spanning influences
- A tantalizing collection of mouth-watering recipes that you can make for any meal, from appetizers and soups to main dishes, sides, and even desserts and breakfast

Taking familiar favorites, international specialties, and holiday classics to a whole new level, Jewish Slow Cooker Recipes is for every home cook-kosher or not-longing for time-saving, family-pleasing slow cooker meals using the freshest, high-quality ingredients available in your local supermarket and food community.

### **Browse Recipe Excerpts**

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### **From the Inside Flap Cooking / Regional & Ethnic / Jewish & Kosher**

When chef Laura Frankel's family decided to keep kosher, they agreed to give up pork, shellfish, and the combination of milk and meat. But they didn't agree to give up taste. So Frankel focused her culinary talents on creating kosher food that is every bit as refined as its nonkosher counterpart. The restaurant she opened, Shallots, was soon acclaimed nationwide as a premier example of fine kosher cooking. While Frankel's passion for ingredients and exciting cooking was successful at work, her meals at home were not nearly as inspired. How could the chef-mother cook great meals at home without the elaborate prep of restaurant meals? The answer was sitting in her kitchen: the slow cooker.

That "Shabbat miracle machine," as Frankel calls it, was already getting a weekly workout as a way to provide a warm, satisfying lunch while observing the Sabbath ban on cooking. Once she realized the slow cooker could produce satisfying, creative meals all week long, Frankel's culinary imagination was off and running. Soon she was delighting her family with sophisticated yet simple new dishes, all using ingredients she found in her local market. In Jewish Slow Cooker Recipes, Frankel shares more than 120 easy, enticing recipes for everyday meals and holiday favorites that make amazing use of the humble, ever-reliable slow cooker, including:

**Appetizers:** Hummos or Hot Wings, Kreplach or Artichoke Caponata—whether you need a little nosh or a full-on fress, dishes to whet every appetite.

**Soups:** Italian Pumpkin, Indian-spiced Mulligatawny, Tex-Mex Chili, Senegalese Peanut—it's a United Nations of hearty, warming meals-in-a-bowl.

**Entrees:** International favorites like Moroccan Chicken and Duck Confit meet Jewish classics like Cholent, Stuffed Cabbage Rolls, and dozens more.

**Sides:** Luscious dishes to complete any meal—some made on the stove, others in the slow cooker—include Toasted Capellini, Carrots with Dried Currants, and Kasha Varnishkes.

**Desserts and Breakfasts:** Whatever you crave, Chef Frankel's got it, whether it's a comforting

treat like Black Forest Bread Pudding or an elegant finale like Poached Pears with Sweet Mascarpone.

With Frankel's signature blending of flavor, convenience, and world-spanning influences, *Jewish Slow Cooker Recipes* presents a tantalizing collection of mouthwatering recipes that you can make for any meal, from the most casual family dinner to the most elegant celebration. Taking familiar favorites, international specialties, and holiday classics to a whole new level, *Jewish Slow Cooker Recipes* is for any home cook—kosher or not—longing for time-saving, family-pleasing slow cooker meals using the freshest, highest-quality ingredients.

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